



ECH Newsletter, July 2022

Please note: the ECH newsletter is for members only — it is not for public distribution.

GROWING OVER THE MONTHS UNTIL REACHING FRUITION



How do seeds arrive at the summer? They are involved in a collaboration with the soil, water, air and warmth. This process is full of effort, experiences, agreements and disappointments, allowing Nature to take a deep breath in order to climb to its zenith.

How can we follow this productive path? How could we compare a disease to

the development of living seeds? How can we investigate things from a different point of view?

We open this summer newsletter with two interesting investigations and follow up with current news.



HOMEOPATHIC MEDICINES:

ANTI-ANGIOGENIC EFFECTS

Research – and always and only quality research – is the basis for understanding the facts.

Cancer is one of the leading causes of human death, from many complex reasons and with one defined feature: uncontrolled creation of abnormal cells. This study is based on the search for the inhibition of angiogenesis with homeopathic medicines *in ovo* – *in vivo chick embryo yolk sac membrane model*.

 [Read it here](#)



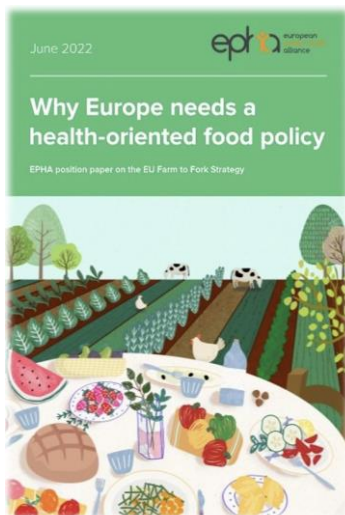


ENVIRONMENTAL CHALLENGES DEMAND NEW ATTITUDES AND HIGHLY DILUTED SOLUTIONS OF AQUATIC ORGANISMS

A series of new studies points to the possibility of electrical water changes due to high dilutions being somehow involved in the bioresilience process.

How to help in adaptive processes? Read about this new perspective.

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FARM TO FORK:

WHY WE NEED TO SEE
AGRICULTURE AND FARMS WITH ANIMALS
AND HUMANS AS A WHOLE

The European Public Health Forum (EPHA) is an agent for change, a leading European civil society alliance in Brussels, made up of public health NGOs, patient groups, health professionals and disease groups, working to improve health and strengthen the voice of public health in Europe. Council Member Edward De Beukelaer represents ECH in EPHA.

Their Farm to Fork Strategy aims to address the sustainability of food systems, recognising the *inextricable links between healthy people, healthy societies and a healthy planet*, with particular emphasis on Non-communicable diseases (NCDs). This important document makes several recommendations to the European Commission, urging the adoption of a One Health approach.

[!\[\]\(21199eb166cc97331a0c54c649195dcc_img.jpg\) Read it here](#)



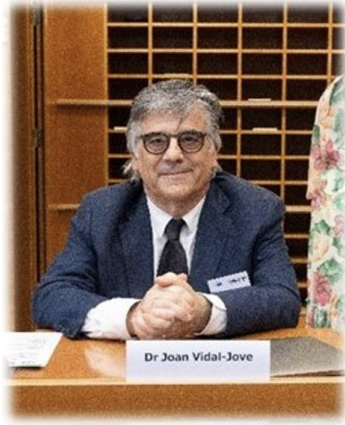
"THE KEY TO BOOSTING HEALTH"



The recent IPM Congress in London was introduced by His Royal Highness Prince Charles speaking on a pre-recorded video. He stated that lifestyle changes are the key to boosting the health of the nation and he called for a more personal approach to medicine. He also said: *"I know a few people have seen this integrated approach as being in some way opposed to modern medicine. It isn't. But we need to combine this with a personal approach that also takes account of our beliefs, hopes, culture and history. It builds upon the abilities of our minds and bodies to heal, and to live healthy lives by improving diet and lifestyle"*

[!\[\]\(c694a3ff3b077d76910920a6a1593ab4_img.jpg\) Read it here](#)





EU PARLIAMENT – MEPs' INTEGRATIVE MEDICINE FORUM

ECH played an important part in a recent meeting of the MEP Interest Group on Integrative Medicine, organised by EUROCAM. One of five key speakers invited to Brussels to address MEPs was our Council Member Joan Vidal.

[!\[\]\(bd1a142de767a21e5362c595f844a4ff_img.jpg\) Read Joan's report of the meeting here](#)



THE PEOPLE'S DECLARATION

For a person-centred and holistic approach to healthcare

For Traditional, Complementary and Integrative Healthcare

Together with 87 organisations from around the world, we're delighted to launch the People's Declaration for Traditional, Complementary & Integrative Healthcare. What could this mean for your health? Visit and sign now under www.tcih.org

Please encourage your colleagues, associations, institutions, etc to sign this Declaration. Let's unite to change the current view of healthcare as simply a

means of fixing what's gone wrong and instead turn the focus on to improving people's general health and wellbeing.



DATES FOR YOUR DIARY



LMHI – 75th World Congress: 07–10 September 2022,
Istanbul, Turkey

<https://www.lmhi2021.com/en/>



14th ECIM: 30 September - 01 October 2022,
Porto, Portugal

www.ecim2022.com



ECH Meeting & General Assembly: 18-20 November,
Utrecht, Netherlands

More details will follow in due course



***If you would like to submit an item to be considered for inclusion in the
August newsletter, please send it to the editor at
documentation@homeopathyeurope.org by 18 July.***